

‘Drug Education’ progression of knowledge and skills at Grange Primary School

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| Early Years: FS2 | Year 2 | Year 4 | Year 6 |
| Knowledge  | Knowledge | Knowledge | Knowledge |
| •Make healthy choices about food, drink, activity and toothbrushing.• Know and talk about the different factors that support their overall health and wellbeing. •Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices | • Explore the role of medicines (use when we are ill/ prevent illness/ manage a condition.) • Understand that household products, including medicines, can be harmful if not used properly.  | • Describe the different purposes that medicines have. • Explain the importance of taking medicines correctly and using household products safely | •Understand that there are rules and laws surrounding the use of medicines, drugs and household products.• Reflect on the risks/effects that legal drugs common to everyday life can have on health. |
| Managing Risk | Managing Risk  | Managing Risk | Managing Risk  |
| • Explain the reasons for rules, know right from wrong and try to behave accordingly.• See themselves as a valuable individual. • Know and talk about the different factors that support their overall health and wellbeing. | •Explore that medicines come in different forms and are used in different ways. • Understand that things that people put into their body or on their skin can affect how they feel. • Talk about some simple rules for staying safe around medicines and other household substances/products. • Identify people that they can go to if they are ill, worried or to help them/others to stay healthy. | •Describe risk in relation to the use of medicines/household products, and suggest what action to take to help prevent or minimise harm.• Explore the possible risks and consequences of using/misusing legal drugs/ household products in everyday situations. • Identify a circle of support and how to ask for help.• Demonstrate what to do in an emergency situation | •Describe some ways in which alcohol, tobacco and other substances can affect the body/decision making. • Explain why some substances are harmful for growing bodies. • Analyse mixed messages in the media relating and recognise how they might influence opinions/behaviour. • Identify a range of strategies to better manage situations involving peer influence/approval. • Research reliable sources of information/ support for children/adults affected by their own or someone else’s drug use. |