

# Parents and Carers

## Key Online Safety Resources



Childnet have a dedicated area to support parents and carers with information on key topics, advice and activities to share with your child.

[childnet.com/parents-and-carers](https://childnet.com/parents-and-carers)

### Childnet Resource Hub

Choose resources for 'parents and carers' to see leaflets, resources and activities to do with your child.

[childnet.com/resources](https://childnet.com/resources)



Advice on key online issues, tips, guides and blogs from partners: Childnet, SWGfL and the IWF.

[saferinternet.org.uk](https://saferinternet.org.uk)

### Safer Internet Day

Join the celebrations for Safer Internet Day every February! We provide free tips, advice, videos, quizzes and more.

[saferinternetday.org.uk](https://saferinternetday.org.uk)

### Reviews and tools

**The Family Gaming Database** shares research and advice on thousands of video games, including content warnings and PEGI ratings.

[familygamingdatabase.com](https://familygamingdatabase.com)

**Common Sense Media** provides expert reviews, advice and age-appropriate recommendations on games, apps, films and more. Users can access up to three free reviews per month.

[commonsensemedia.org](https://commonsensemedia.org)

**Parental controls and privacy settings** described step-by-step alongside support on a range of online safety topics.

[internetmatters.org/parental-controls](https://internetmatters.org/parental-controls)

**Want to stay up to date?** Sign up for the Childnet newsletter to hear about our latest advice on the most popular apps, new blogs and more.

[childnet.com/signup](https://childnet.com/signup)

## Making a report

For advice on the reporting tools for popular games, apps and social media platforms visit [childnet.com/how-to-report](https://childnet.com/how-to-report) for more information.

**Report Harmful Content** is a national reporting centre offering advice and links to industry reporting tools. It also provides support by reviewing outcomes after a report has been made on a platform or app.

[reportharmfulcontent.com](https://reportharmfulcontent.com)

Report suspected online child sexual abuse or grooming to your child's school/local police. If necessary, contact the **Child Exploitation and Online Protection command (CEOP)**.

[ceop.police.uk](https://ceop.police.uk)

Report online child sexual abuse images and videos with the **Internet Watch Foundation's** anonymous reporting tool.

[iwf.org.uk](https://iwf.org.uk)

Information on hate crime and advice on how to report it in England, Wales and Northern Ireland.

[report-it.org.uk](https://report-it.org.uk)

National reporting centre for fraud and cybercrime in England, Wales and Northern Ireland.

[actionfraud.police.uk](https://actionfraud.police.uk)

For Scotland, reports can be made to Police Scotland: [scotland.police.uk/contact-us](https://scotland.police.uk/contact-us).

## Get help and support

There are lots of organisations who work to support families and children. Visit [childnet.com/get-help](https://childnet.com/get-help) if you're worried about an online concern.

**NSPCC** 0808 800 5000  
[nspcc.org.uk](https://nspcc.org.uk)

Free support and advice for adults concerned about the safety or wellbeing of a child.

**family lives** 0808 800 2222  
[familylives.org.uk](https://familylives.org.uk)

Free support and advice on any aspect of parenting and family life.

**YOUNGMINDS** 0808 802 5544  
[youngminds.org.uk](https://youngminds.org.uk)  
Fighting for young people's mental health

Free support and advice on how to support young people's mental health and wellbeing.

## Helplines for children & young people

**childline** 0800 11 11  
[childline.org.uk](https://childline.org.uk)

Providing help and support for under 18s.

**THE MIX** [themix.org.uk](https://themix.org.uk)

Providing help and support for 13-25 year olds.

 @childnet

 @childnetinternational

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