

‘Bullying Matters’ progression of knowledge and skills at Grange Primary School

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| Early Years: Nursery and FS2 | Year 1 | Year 3 | Year 5 |
| About Bullying | About Bullying | About Bullying | About Bullying |
| •Encouraging friendships within play activities. •Talk about how we can care for others and their feelings•Start to think about the perspectives of others•Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly.  | •Explore what is bullying and what is not.• Recognise kind and unkind behaviour in themselves and others. • Identify that bodies and feelings can be hurt by words and actions. • Understand that hurtful behaviour is not acceptable.  | • Describe different types of bullying including the role of a bystander. • Recognise that our behaviour can affect others. • Identify how the body may react to unhappy or uncomfortable feelings. • Explain the consequences of hurtful/ bullying behaviour and understand neither are acceptable | • Explain what direct, indirect and cyberbullying means. • Identify when banter or other behaviour becomes unkind. • Analyse ways to identify and manage uncomfortable feelings online/offline. • Explore the impact and consequences of bullying and discrimination, identifying positive ways to challenge it. |
| Strategies and Support | Strategies and Support | Strategies and Support | Strategies and Support |
| •Discuss and share solutions for conflicts•Be aware of who they can talk to.   | • Explore simple strategies to resolve arguments between friends. • Understand how to report bullying and who they can talk to. | • Explain positive strategies they can use if subject to bullying or hurtful behaviour on or offline. • Recognise the importance of seeking support and identify how they might do this | • Identify positive strategies that may help to resolve disputes in friendships. • Describe some barriers to accessing support. • Recognise the importance of seeking support if feeling lonely, excluded or unsafe. |